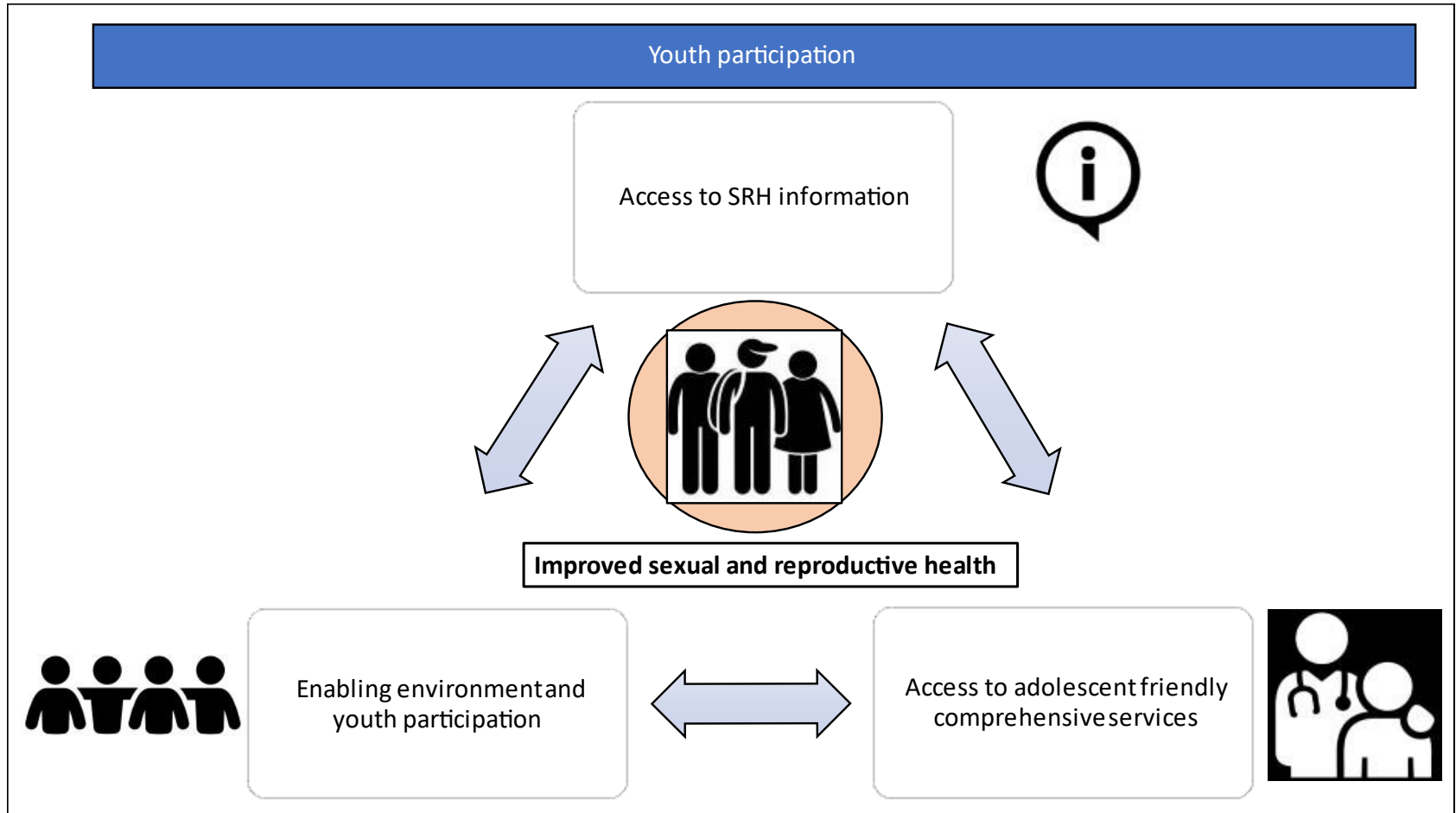


# Adolescents' Health in Adolescents' hands

Interactive and contextualized pedagogy as a new approach for health education

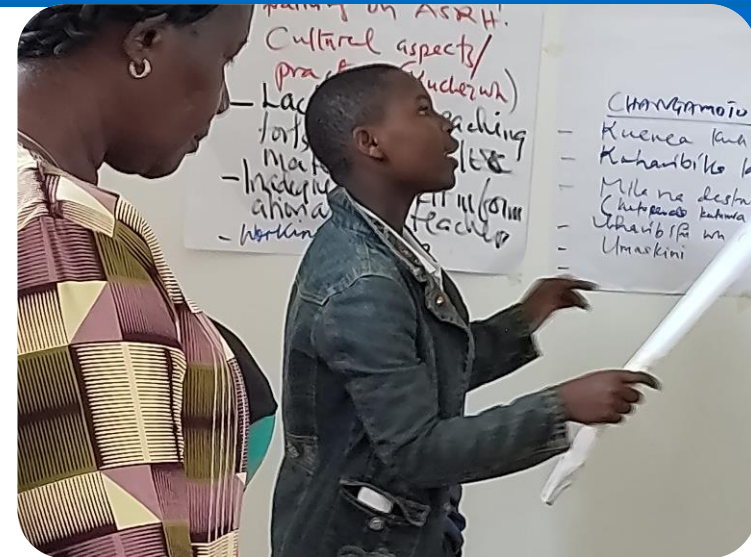


# AHA! Adolescents' health in adolescents' hands!

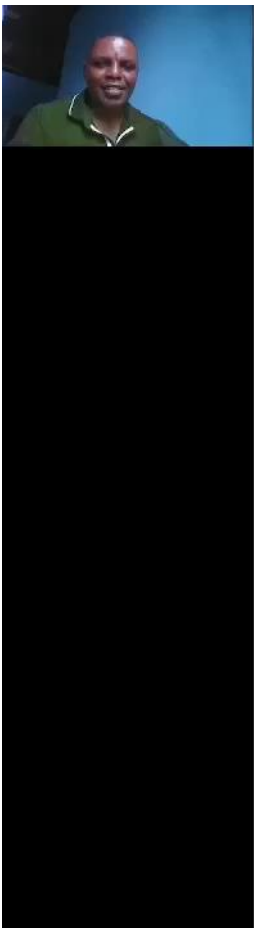


# Access to adolescent friendly health services

- Adolescent participation
- Community-based activities
- Facility-based health services



# AHA! Adolescents' Health in Adolescents' Hands



**Enfants du monde** **Advancing the SRH Information and Education to Adolescents** **SOLIDAR MED**

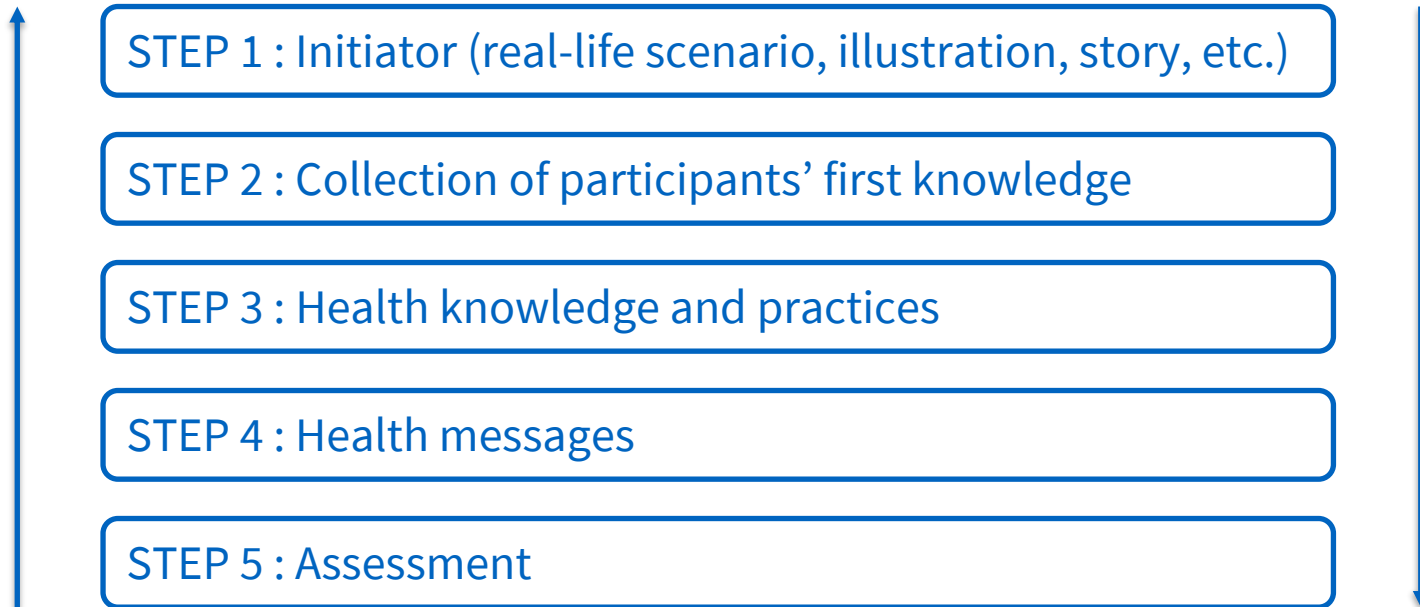
*Knowledge* *Practices*

A group of about ten young people of various ethnicities and ages are dancing and celebrating in front of a light blue building with a red roof. They are wearing colorful clothing and have their arms raised in the air. The scene is outdoors under a bright sky with some clouds.

*Positive attitudes*

A small logo in the bottom right corner of the slide, depicting a stylized figure holding a globe.

# Pedagogical steps



Mini-pedagogical projects



# Training chain



**Ministry of Health (MOH)**  
**Ministry of Education, Science and Technology (MOEST)**  
**President office, regional administrative and local government authority (PO-RALG)**



**Trainers (TOT)**  
National facilitators



**ASRH providers**  
Teachers (in schools)  
Health care providers (HCP) (in communities and in schools)



**Peer educators (PE)**  
\* Pedagogical Notes from Solidarmed and Enfants du Monde to support and strengthen the work of PE



**Adolescents in schools and in communities**

# Adolescents' testimonies



## Tanzania – Educating adolescents on sexual and reproductive health



[https://youtu.be/T\\_SD095D0iU](https://youtu.be/T_SD095D0iU)



# Achievements

- Transformative changes across training levels
- Successful integration of educational material by peer educators (user-friendly)
- Effective adoption of participatory methods in educational sessions by peer educators
- Adolescents' interest and engagement in education sessions





# Lessons learnt

- Investment in changing practices
  - Long process
  - Requires commitment and resources
- Capacities of adolescent peer educators in health and education
- Peer Educators still developing skills and knowledge
- Continuous support of peer educators
- Navigating between national recommendations & subjective practices



# Perspectives

- Mini pedagogical projects led by adolescents
- Changing the methodology for health education sessions to promote behavioral change



Thank you for your attention!



Presented by:  
Karolin Pfeiffer, SolidarMed  
Nutsa Chikvaidze, Enfants du Monde  
Walter Millanzi, University of Dodoma